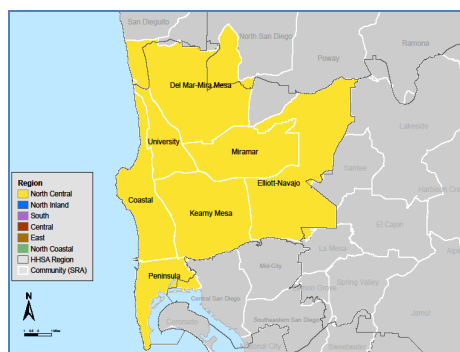


San Diego County Health Briefs

North Central Region



This brief contains 2009 chronic disease health data for the North Central Region of San Diego County. Data are provided from the Community Health Statistics Unit and the 2009 California Health Interview Survey.



Demographics ¹	North Central Region (%)	County (%)
Ages 0-14	16.14	19.92
Ages 15-24	14.32	15.67
Ages 25-44	31.42	28.57
Ages 45-64	25.16	24.28
Ages 65+	12.96	11.56
White	61.93	49.78
Black	3.24	5.22
Hispanic	12.97	30.21
Asian/Pacific Islander	17.14	10.65
Other	4.73	4.14
Households with income less than 200% Federal Poverty Level (FPL) ^{††}	20.41	28.44

Health Outcomes ²	North Central Region		County	
	Number	Rate**	Number	Rate**
Coronary Heart Disease				
Death	578	92.6	3,415	107.2
Hospitalization	1,480	237.2	10,129	318.0
Emergency Department Discharge	104	16.7	784	24.6
Stroke				
Death	190	30.4	1,080	33.9
Hospitalization	1,097	175.8	6,734	211.4
Emergency Department Discharge	192	30.8	1,306	41.0
Diabetes				
Death	79	12.7	555	17.4
Hospitalization	411	65.9	4,029	126.5
Emergency Department Discharge	479	76.8	4,228	132.7
COPD				
Death	156	25.0	916	28.8
Hospitalization	443	71.0	3,341	104.9
Emergency Department Discharge	698	111.8	8,009	251.4
Asthma				
Death	5	0.8	22	0.7
Hospitalization	339	54.3	2,433	76.4
Emergency Department Discharge	1,209	193.7	9,779	307.0
Cancer, All Causes				
Death	882	141.3	4,734	148.6

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

North Central Region



Access and Utilization ³	North Central Region (%)	County (%)
No Usual Source of Care (ages 18-64)	12.6	13.2
Uninsured All or Part of Year (ages 18-64)	20.0	23.2
Prescription Drug Coverage (ages 18-64)	93.6	94.5

Health Behaviors & Related Health Factors ³	North Central Region (%)	County (%)
Current Smoker (ages 18+)	11.5	12.8
Overweight/Obese (ages 18+)	44.5	55.3
Walked for Transport, Fun/ Exercise (ages 18+)	83.0	75.7
Ate Fast Food 2 or More Times in Past Week (all ages)	34.8	35.5
Binge Drinking in Past Year (ages 18+)	34.9	34.8
Ever Diagnosed with High Blood Pressure (ages 18+)	22.9	26.3
Ever Diagnosed with Diabetes (ages 18+)	7.4	7.8
Ever Diagnosed with Asthma (all ages)	14.0	12.3

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), 2010.
2. County of San Diego (CoSD), Health & Human Services Agency (HHSA), Public Health Services (PHS), Community Health Statistics, 2011.
3. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2009.

** Rates are per 100,000 population.

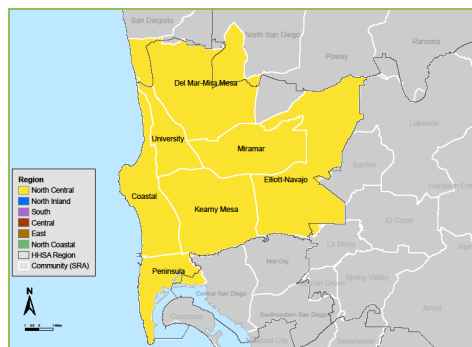
††: Federal Poverty Level for 2009 (\$10,830 for single person, \$3,740 for each additional person, \$22,050 for four-person-family).

San Diego County Health Briefs

North Central Region



This brief contains 2009 communicable disease health data for the North Central Region of San Diego County. Data are provided from the Community Health Statistics Unit and the 2009 California Health Interview Survey.



Demographics ¹	North Central Region (%)	County (%)
Ages 0-14	16.14	19.92
Ages 15-24	14.32	15.67
Ages 25-44	31.42	28.57
Ages 45-64	25.16	24.28
Ages 65+	12.96	11.56
White	61.93	49.78
Black	3.24	5.22
Hispanic	12.97	30.21
Asian/Pacific Islander	17.14	10.65
Other	4.73	4.14
Households with income less than 200% Federal Poverty Level (FPL) ^{††}	20.41	28.44

Health Outcomes ²	North Central Region		County	
	Number	Rate**	Number	Rate**
Tuberculosis	44	7.1	223	7.0
Chronic Hepatitis C, Reported	319	51.1	4,540	142.5
AIDS Incidence	42	6.7	363	11.4
Chlamydia Reported, Underestimate‡	1,805	289.2	14,233	446.8
Gonorrhea Reported, Underestimate‡	179	28.7	1,838	57.7
Primary and Secondary Syphilis Reported	33	5.3	263	8.3

Access and Utilization ³	North Central Region (%)	County (%)
No Usual Source of Care (ages 18-64)	12.6	13.2
Uninsured All or Part of Year (ages 18-64)	20.0	23.2
Prescription Drug Coverage (ages 18-64)	93.6	94.5

Health Behaviors & Related Health Factors ³	North Central Region (%)	County (%)
Binge Drinking in Past Year (ages 18+)	34.9	34.8
Tested for STD in Past 12 Months (ages 12-17 who have had sexual intercourse)	*	36.5
4 or More Sexual Partners in Last 12 Months (ages 18-64)	*	3.9
Has had Flu Vaccination in Past 12 Months (ages 18+)	43.3	41.1
Has had Flu Vaccination in Past 12 Months (ages 0-11)	52.0	55.6

San Diego County Health Briefs

North Central Region



Sources

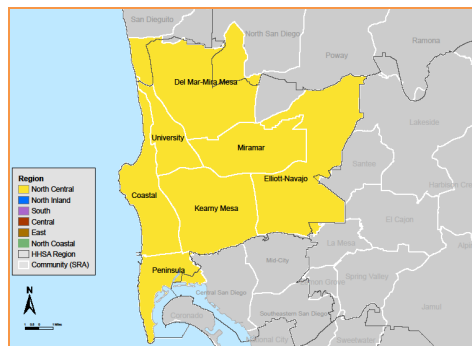
1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), 2010.
 2. County of San Diego (CoSD), Health & Human Services Agency (HHSA), Public Health Services (PHS), Community Health Statistics, 2011.
 3. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2009.
- ‡ Underestimate due to cases with unknown residence. Approximately 30% of chlamydia and gonorrhea cases have missing residence data each year.
- * Indicates statistically unstable estimate.
- ** Rates are per 100,000 population.
- ††: Federal Poverty Level for 2009 (\$10,830 for single person, \$3,740 for each additional person, \$22,050 for four-person-family).

San Diego County Health Briefs

North Central Region



This brief contains 2009 injury data for the North Central Region of San Diego County. Data are provided from the Community Health Statistics Unit and the 2009 California Health Interview Survey.



Demographics ¹	North Central Region (%)	County (%)
Ages 0-14	16.14	19.92
Ages 15-24	14.32	15.67
Ages 25-44	31.42	28.57
Ages 45-64	25.16	24.28
Ages 65+	12.96	11.56
White	61.93	49.78
Black	3.24	5.22
Hispanic	12.97	30.21
Asian/Pacific Islander	17.14	10.65
Other	4.73	4.14
Households with income less than 200% Federal Poverty Level (FPL) ^{††}	20.41	28.44

Health Outcomes ²	North Central Region		County	
	Number	Rate**/(%)	Number	Rate**/(%)
Unintentional Injury (All Causes)				
Deaths	161	25.8	949	29.8
Hospitalizations	3,622	580.4	21,149	663.9
Emergency Department Discharges	22,737	3,643.3	149,437	4,691.2
Fall-Related Injury				
Deaths	48	7.7	231	7.3
Hospitalizations	1,982	317.6	10,734	337.0
Emergency Department Discharges	8,107	1,299.0	52,581	1,650.7
Overdose/ Poisoning				
Deaths	68	10.9	409	12.8
Hospitalizations	335	53.7	2,365	74.2
Emergency Department Discharges	664	106.4	4,677	146.8
Motor Vehicle Injuries				
Deaths due to Motor Vehicle (MV) Injury	33	5.3	242	7.6
Hospitalizations due to MV Injury	421	67.5	2,676	84.0
Emergency Department Discharges due to MV Injury	2,269	363.6	16,010	502.6
Motor Vehicle Crash (MVC) Injuries	3,933	630.2	18,459	579.5
Alcohol-involved MVC Injuries	455	72.9	2,509	78.8
Drinking Drivers Involved in MV Crashes	315	50.5	1,685	52.9
Active Restraint Use, % of Motor Vehicle Occupants (MVO)	1,866	94.2%	10,989	92.7%
Injured [†] , Ages 6+				
Child Restraint Use, % of MVO Injured ^{†††} , Ages 0-5	13	59.1%	135	67.2%
Pedestrian Injuries				
Deaths due to Motor vehicle crashes (MVC)	8	1.3	59	1.9
Hospitalizations due to MVC	47	7.5	348	10.9

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

North Central Region



Injury

	North Central Region		County	
Health Outcomes ²	Number	Rate**/(%)	Number	Rate**/(%)
Emergency Department Discharges due to MVC	129	20.7	963	30.2
Injuries due to MVC	174	27.9	1,054	33.1
Assault				
Homicide	7	1.1	90	2.8
Hospitalizations	188	30.1	1,644	51.6
Emergency Department Discharges	915	146.6	8,188	257.0
Self-Inflicted Injuries				
Suicide	76	12.2	365	11.5
Hospitalizations	214	34.3	1,590	49.9
Emergency Department Discharges	311	49.8	2,435	76.4
Firearm-Related Injuries				
Deaths	36	5.8	200	6.3
Hospitalizations	14	2.2	186	5.8
Emergency Department Discharges	21	3.4	211	6.6
Access and Utilization ³		North Central Region (%)		County (%)
No Usual Source of Care (ages 18-64)	12.6		13.2	
Uninsured All or Part of Year (ages 18-64)	20.0		23.2	
Prescription Drug Coverage (ages 18-64)	93.6		94.5	
Health Behaviors & Related Health Factors ³		North Central Region (%)		County (%)
Binge Drinking in Past Year (ages 18+)	34.9		34.8	
Experienced Physical or Sexual Violence By Intimate Partner in Past Year (ages 18-65)	*		2.6	
Ever Experienced Physical or Sexual Violence By an Intimate Partner Since Age 18 (ages 18-65)	9.1		13.7	
Ever Seriously Thought About Committing Suicide (ages 18+)	10.5		8.0	
Sources				

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), 2010.
2. County of San Diego (CoSD), Health & Human Services Agency (HHSA), Public Health Services (PHS), Community Health Statistics Unit, 2011.
3. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2009.

* Indicates statistically unstable estimate.

** Rates are per 100,000 population.

† Active Restraint Use percentage is defined as those ages 6 years and older who were injured in motor vehicle crashes (MVC) occurring on public roads where the status of active restraint use was known. Data are by location of occurrence. The data come from the California Highway Patrol Statewide Integrates Traffic Records System.

†† Federal Poverty Level for 2009 (\$10,830 for single person, \$3,740 for each additional person, \$22,050 for four-person-family).

††† Child Restraint Use percentage is defined as the percentage of children ages 0-5 who are properly restrained as motor vehicle occupants (MVO) in crashes occurring on public roads where the status of restraint use was known. Data are by location of occurrence. The data come from the California Highway Patrol Statewide Integrates Traffic Records System.

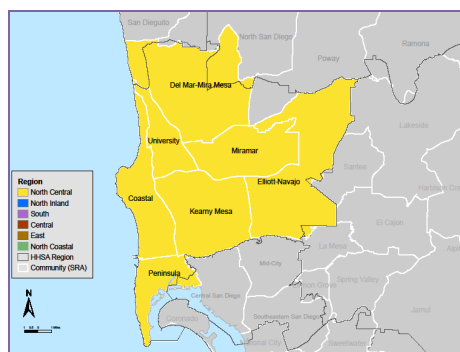
For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

North Central Region



This brief contains 2009 maternal and child health data for the North Central Region of San Diego County. Data are provided from the Community Health Statistics Unit and the 2009 California Health Interview Survey.



Demographics ¹	N. Central Region (%)	County (%)
Ages 0-14	16.14	19.92
Ages 15-24	14.32	15.67
Ages 25-44	31.42	28.57
Ages 45-64	25.16	24.28
Ages 65+	12.96	11.56
White	61.93	49.78
Black	3.24	5.22
Hispanic	12.97	30.21
Asian/Pacific Islander	17.14	10.65
Other	4.73	4.14
Households with income less than 200% Federal Poverty Level (FPL) ^{††}	20.41	28.44

Health Outcomes ²	North Central Region Number	North Central Region Rate/(%)	County Number	County Rate/(%)
Live Births, % of County Births	6,890	15.3%	44,960	100.0%
Live Births to Girls, Ages 15-17, % of County births	46	0.7%	1,058	2.4%
Live Births with Early Prenatal Care, % of Known Prenatal Care	6,192	89.9%	36,831	82.0%
Live Births born Preterm, % of County births	656	9.6%	4,420	9.9%
Low Birth Weight Births, % of County births	456	6.6%	2,991	6.7%
Very Low Birth Weight Births, % of County births	63	0.9%	486	1.1%
Fetal Mortality Rate per 1,000 live births & fetal deaths	21	3.0	177	3.9
Infant Mortality, Rate per 1,000 live births	22	3.2	199	4.4

Access and Utilization ³	N. Central Region (%)	County (%)
No Usual Source of Care (ages 18-64)	12.6	13.2
Uninsured All or Part of Year (ages 18-64)	20.0	23.2
Prescription Drug Coverage (ages 18-64)	93.6	94.5
Currently Receiving TANF or CalWORKS (all ages, 300% of FPL)	*	3.3
Single Parents Currently Receiving TANF or CalWORKS (all ages)	*	10.9
Children Age 6 and Under Currently on WIC	*	42.8
Women with Children Under 7 or Are Pregnant on WIC	*	43.5
Residents Under 200% FPL Receiving Food Stamps	*	11.0
Children Under 18 Below 200% FPL	16.2	36.1

Health Behaviors & Related Health Factors ³	N. Central Region (%)	County (%)
Adults Under 200% FPL Unable to Afford Enough Food	17.2	35.1
Ate Fast Food 3 or More Times in Past Week (ages 2-17)	16.0	15.0
Children Who Eat Less Than 5 Servings of Fruits and Vegetables Daily (ages 2-11)	51.6	52.9
Mother Aged Under 25 when First Child Born	26.2	38.4

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

North Central Region



Health Behaviors & Related Health Factors ³	North Central Region (%)	County (%)
Women with a High School Degree or Less Education (ages 25+)	14.9	31.3
Child Attends Preschool, Nursery school, or Head Start Program At Least 10 hrs/wk (ages <6)	32.6	21.5
Child Received Emotional/Psychological Counseling in Past Year (ages 4– 11)	*	4.5
More Than a Year Since Last Dental Visit (ages 2-11)	*	2.9
More Than a Year Since Last Dental Visit (ages 12-17)	*	7.5
Tested for STD in Past 12 Months (ages 12-17 who have had sexual intercourse)	*	36.5
Has had Flu Vaccination in Past 12 Months (ages 0-11)	52.0	55.6

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), 2010.
2. County of San Diego (CoSD), Health & Human Services Agency (HHSA), Public Health Services (PHS), Community Health Statistics Unit, 2011.
3. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2009.

* Indicates statistically unstable estimate.

†Child Restraint Use percentage is defined as the percentage of children ages 0-5 who are properly restrained as motor vehicle occupants (MVO) in crashes occurring on public roads where the status of restraint use was known. Data are by location of occurrence. The data come from the California Highway Patrol Statewide Integrates Traffic Records System.

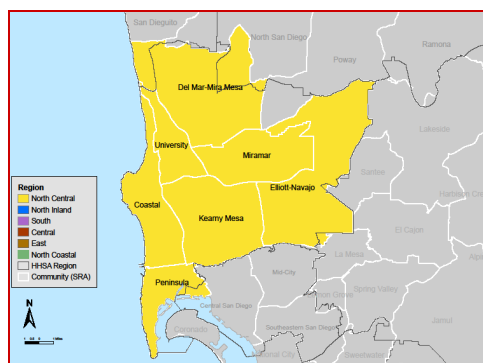
††Federal Poverty Level for 2009 (\$10,830 for single person, \$3,740 for each additional person, \$22,050 for four-person-family).

San Diego County Health Briefs

North Central Region



This brief contains 2009 behavioral health data for the North Central Region of San Diego County. Data are provided from the Community Health Statistics Unit and the 2009 California Health Interview Survey.



Demographics ¹	North Central Region (%)	County (%)
Ages 0-14	16.14	19.92
Ages 15-24	14.32	15.67
Ages 25-44	31.42	28.57
Ages 45-64	25.16	24.28
Ages 65+	12.96	11.56
White	61.93	49.78
Black	3.24	5.22
Hispanic	12.97	30.21
Asian/PI	17.14	10.65
Other	4.73	4.14
Households with income less than 200% FPL+	20.41	28.44

Mental Health Behaviors & Related Health Factors ²	North Central Region (%)	County (%)
Likely Has Had Serious Psychological Distress During Past Year (ages 18+)	4.4	5.3
Likely Has Had Serious Psychological Distress During Past Month (ages 18+)	*	2.2
Likely Has Had Serious Psychological Distress During Past Month (ages 12-17)	-	2.2
Emotions Severely Impaired Social Life in Past 12 Months (ages 18+)	4.8	6.9
Emotions Severely Impaired Work in Past 12 Months (ages 18+)	*	4.6
Unable to Work 8 Days or More Due to Mental Problems (ages 18+)	54.7	56.5
Saw Any healthcare Provider for Emotional-Mental and/or Alcohol-Drug Issues in Past Year (ages 18+)	12.3	13.5
Has Taken Prescription Medicine for 2 or More Weeks for Emotional/Mental Health Issues in Past Year (ages 18+)	9.0	11.0
Received Psychological/Emotional Counseling in Past Year (ages 12-17)	*	10.5
Child Received Emotional/Psychological Counseling in Past Year (ages 4-11)	*	4.5
Ever Seriously Thought About Committing Suicide (ages 18+)	10.5	8.0

Substance Abuse Health Behaviors & Related Health Factors ²	North Central Region (%)	County (%)
Binge Drinking in Past Year (ages 18+)	34.9	34.8
Ever Tried Marijuana, Cocaine, Sniffing Glue, or Other Drugs (ages 12-17)	*	10.2
Used Marijuana in Past Year (ages 12-17)	*	6.1

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

North Central Region



Access and Utilization ²	North Central Region (%)	County (%)
No Usual Source of Care (ages 18-64)	12.6	13.2
Uninsured All or Part of Year (ages 18-64)	20.0	23.2
Prescription Drug Coverage (ages 18-64)	93.6	94.5
Health Behaviors & Related Health Factors ²	North Central Region (%)	County (%)
Adults Under 200% FPL Unable to Afford Enough Food (ages 18+)	17.2	35.1
Ate Fast Food 3 or More Times in Past Week (ages 2-17)	16.0	15.0
Children Who Eat Less Than 5 Servings of Fruits and Vegetables Daily (ages 2-11)	51.6	52.9
Mother Aged Under 25 When First Child Born	26.2	38.4
Tested for STD in Past 12 Months (ages 12-17 who have had sexual intercourse)	*	36.5

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), 2010.
2. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2009.

* Indicates statistically unstable estimate.

- (hyphen) = Estimate is less than 500 people.

†Federal Poverty Level for 2009 (\$10,830 for single person, \$3,740 for each additional person, \$22,050 for four-person-family)